

A photograph of an outdoor fitness area. In the foreground, there is a row of blue metal strength training machines with black weight stacks and handles, set on a blue rubber safety mat. Above them is a large, multi-colored canopy with segments in orange, white, blue, and red. The background shows a dry, open landscape with some buildings and mountains under a clear sky.

STREET BARBELL®

OUTDOOR STRENGTH EQUIPMENT

**CATALOG
2024**

WELCOME TO **STREET BARBELL**

Street Barbell is a reputable outdoor fitness equipment provider with more than seven years of experience adhering to strict European safety standards. Our products are renowned among both amateurs and professionals and enjoy global demand.

Our distinctive feature is our patented adjustable weight system — a revolutionary innovation has no analogues.





Discover the Uniqueness That Sets Us Apart

Street Barbell's primary uniqueness lies in our exclusive adjustable weight feature, making outdoor training accessible and customizable for users of all fitness levels.

In 2016, our StreetBarbell machines with variable loads were nominated for the Innovation Award at FIBO, Europe's largest sports industry and fitness exhibition held in Cologne, Germany. The same year, StreetBarbell machines earned a spot in the Top 10 Fitness Trends in Europe, as recognized by the German magazine BILD.de.

Diverse Industry Solutions: Our Multifaceted Approach

Our versatile range of equipment is suitable for various sectors:

- Commercial establishments such as gyms, hotels, and recreation centers.
- Managers and proprietors of diverse sports facilities, from stadiums to sports grounds.
- Educational institutions, including schools, institutes, and universities.
- Governmental entities, including municipalities, military, police, and correctional facilities.

Prioritizing Safety: Our Foundational Commitment

Safety is a paramount concern for our outdoor trainers. It involves both technological design and biomechanics.

During the design phase, factors like angles, grip placement, components, and structural elements are carefully considered in relation to user activities. A well-designed trainer should prevent user injuries and premature malfunctions.

Street Barbell, with its expertise and technological capabilities, produces reliable and safe trainers. Our trainers undergo rigorous testing, and we collaborate with TÜV THÜRINGEN experts to ensure they meet the highest safety and quality standards.



Accessible Information for Safe Workouts

Our trainers are reliable and safe, as well as clear and accessible guidance.

Street Barbell trainers are equipped with information signs with exercise options, safety recommendations and manufacturer contact information for inquiries.

As well as QR codes that lead users to YouTube video lessons from professional trainers.





Crafted for Endurance

Despite their seemingly simple design, outdoor trainers require elevated standards of reliability and safety due to their exposure to harsh outdoor conditions, including weather, vandalism, and minimal maintenance.

Street Barbell's commitment to quality is evident in our choice of materials, including robust rubberized steel discs and one-piece steel pipes. Our trainers are equipped with sealed bearings, the backs and seats are made of high-strength polyurethane.

Colorful and Resilient: The Thermoplastic Advantage

We are offering a new technology for painting of our equipment. Thermoplastic boasts chemical resistance and a durable coating that protects metal from corrosion and mechanical wear. It is resistant to ultraviolet radiation, aggressive chemicals, and moisture, making it ideal for use in outdoor structures and extreme climatic conditions.

Furthermore, thermoplastic provides vibrant color that does not fade.

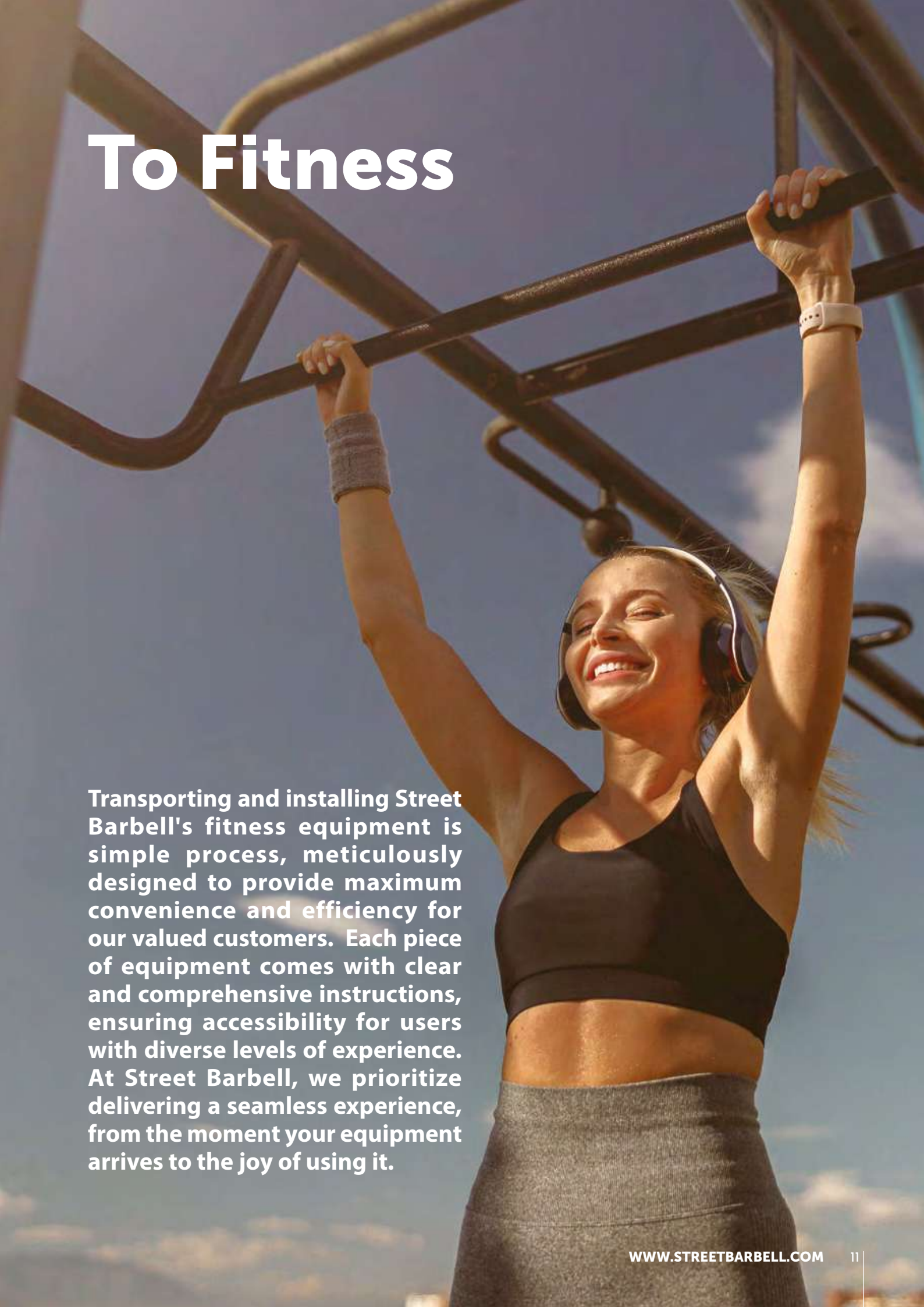
Thermoplastic materials typically contain fewer harmful chemicals and emit fewer harmful gases during application, reducing the environmental impact.



From Delivery



To Fitness



Transporting and installing Street Barbell's fitness equipment is simple process, meticulously designed to provide maximum convenience and efficiency for our valued customers. Each piece of equipment comes with clear and comprehensive instructions, ensuring accessibility for users with diverse levels of experience. At Street Barbell, we prioritize delivering a seamless experience, from the moment your equipment arrives to the joy of using it.

Examples Of Implemented Projects









Street Barbell Standard Line

Outdoor fitness equipment with variable load of professional level for deep training of all the main muscles of the human body.

The line includes 26 unique trainers, including dumbbell sets with different weight sets and cutting-edge equipment with convergent and divergent biomechanics.

A two-level load system installed on each of the two separate levers for the arm or leg, with a load change step of 2.5 kg in combination with handles for different grips increase the number of exercise options and their effectiveness.



MB 7.29 Vertical Press

Dimensions (LxWxH), mm: 1380x2090x2130.

MB 7.30 Chest Press

Dimensions (LxWxH), mm: 1350x2010x2110.

MB 7.31 Butterfly

Dimensions (LxWxH), mm: 1330x1810x2110.



MB 7.32 Reverse Butterfly

Dimensions (LxWxH), mm: 1550x1810x2110.



MB 7.33 Dumbbell Set (Light)

Dimensions (LxWxH), mm: 1290x2200x1110.



MB 7.34 Dumbbell Set (Heavy)

Dimensions (LxWxH), mm: 1290x2200x1110.



MB 7.37 Standing Row

Dimensions (LxWxH), mm: 1360x1880x2010.



MB 7.38 Lat Pull

Dimensions (LxWxH), mm: 1770x1810x2480.



MB 7.39 Biceps Curl

Dimensions (LxWxH), mm: 1660x2090x2040.



MB 7.40 Squat

Dimensions (LxWxH), mm: 1800x1900x2020.



MB 7.41 Combo Lift

Dimensions (LxWxH), mm: 1660x1810x1980.



MB 7.42 Overhead Triceps

Dimensions (LxWxH), mm: 1320x2070x1850.



MB 7.43 Leg Curl

Dimensions (LxWxH), mm: 1320x2070x1840.



MB 7.44 Leg Extension

Dimensions (LxWxH), mm: 1350x1840x2110.



MB 7.45 Standing Glute Press

Dimensions (LxWxH), mm: 1670x2110x1780.



MB 7.46 Rope Pull Down

Dimensions (LxWxH), mm: 1530x1770x2430.



MB 7.47 Multi Workout Station

Dimensions (LxWxH), mm: 3200x1930x2900.



MB 7.47/1 Roofless Multi Workout Station

Dimensions (LxWxH), mm: 3620x1920x2320.



MB 7.48 Roof

Dimensions (LxWxH), mm: 2790x1650x2900.



MB 7.49 Outer Thigh

Dimensions (LxWxH), mm: 1920x1810x2110.



MB 7.50 Inner Thigh

Dimensions (LxWxH), mm: 1720x1810x2110.



MB 7.51 Abdominal Crunch

Dimensions (LxWxH), mm: 1470x2110x1920.



MB 7.52 Convergent Chest Press

Dimensions (LxWxH), mm: 1350x2140x2100.



MB 7.53 Divergent Standing Row

Dimensions (LxWxH), mm: 1420x2080x2050.



MB 7.54 Convergent Vertical Press

Dimensions (LxWxH), mm: 1350x1980x2060.



MB 7.55 Divergent Lat Pull

Dimensions (LxWxH), mm: 1560x1820x2460.



FOR MORE DETAILED INFORMATION



Street Barbell Light Line

The Street Barbell Light series of trainers is designed for the most convenient training, in almost any installation conditions.

The line includes 15 trainers for all muscle groups and is equipped with a two-level system for changing the load with a weight change step of 2.5 kg. Clear design and unsurpassed reliability make Street Barbell Light trainers the most popular equipment for small sports grounds.



MB 7.61 Combined Exerciser

Dimensions (LxWxH), mm: 1800x1750x2350.



MB 7.62 AB Bench & Hyperextension

Dimensions (LxWxH), mm: 1390x1380x1020.



MB 7.63 Shoulder Press

Dimensions (LxWxH), mm: 1780x1670x1580.



MB 7.64 Bench Press

Dimensions (LxWxH), mm: 2420x1590x1260.



MB 7.65 Squat

Dimensions (LxWxH), mm: 1880x1630x1660.



MB 7.66 Combo Lift (Dead Lift)

Dimensions (LxWxH), mm: 2010x1580x1170.



MB 7.67 Seated Dips

Dimensions (LxWxH), mm: 2640x1660x980.



MB 7.68 Multi Bar

Dimensions (LxWxH), mm: 2110x1390x1510.



MB7.69 Pull Down Bar

Dimensions (LxWxH), mm: 1410x1350x1640.



MB 7.70 Seated Row

Dimensions (LxWxH), mm: 1570x1730x1240.



**MB 7.71 Dumbbell Set
(Light Version)**

Dimensions (LxWxH), mm: 1570x1730x1240.



**MB 7.72 Dumbbell Set
(Heavy Version)**

Dimensions (LxWxH), mm: 1570x1730x1240.



MB 7.73 Assisted Combined Exerciser

Dimensions (LxWxH), mm: 2646x1750x2350.



MB 7.74 Leg Press

Dimensions (LxWxH), mm: 2430x1770x1530.



**MB 7.75 Incline Bench Press
at a 45-degree angle**

Dimensions (LxWxH), mm: 2010x1670x1680.



MB 7.76 Leg Extension

Dimensions (LxWxH), mm: 1480x1780x1260.



MB 7.79 Free Motion Chest Press

Dimensions (LxWxH), mm: 2915x1345x1775.



MB 7.85 Hip Thrust

Dimensions (LxWxH), mm: 1850x1730x1235.



MB 7.86 Hack Squat Machine

Dimensions (LxWxH), mm: 1955x1975x1880.



MB 7.87 Leg Curl

Dimensions (LxWxH), mm: 1545x1560x1000.



MB 7.88 Hyperextension With Variable Load

Dimensions (LxWxH), mm: 1725x1350x1165.



MB 7.89 Sitting Leg Curl

Dimensions (LxWxH), mm: 1475x1560x1350.



FOR MORE DETAILED INFORMATION

Street Barbell Plus Line

Street Barbell Plus Line are specially designed for people with disabilities.

The line includes 9 unique exercise machines for all muscle groups of the human upper body, back and abdominal muscles. The two-level load system, installed on each of two separate arms, allows you to change the load within 1.25 kg.

The peculiarity of these exercise machines is that they are equipped with a non-removable folding seat, which allows people who use wheelchairs to train comfortably.



MB 7.29.3 StreetBarbell+ Shoulder Press

Dimensions (LxWxH), mm: 1800x1580x1750.



MB 7.30.3 StreetBarbell+ Chest Press

Dimensions (LxWxH), mm: 1800x1580x1830.



MB 7.31.3 StreetBarbell+ Butterfly

Dimensions (LxWxH), mm: 1820x1580x1980



MB 7.37.3 StreetBarbell+ Row

Dimensions (LxWxH), mm: 1560x1580x1990



MB 7.38.3 StreetBarbell+ Lat Pull

Dimensions (LxWxH), mm: 1730x1580x2100



MB 7.39.3 StreetBarbell+ Biceps Curl

Dimensions (LxWxH), mm: 1560x1580x1830



MB 7.42.3 StreetBarbell+ Triceps

Dimensions (LxWxH), mm: 1800x1570x1850



MB 7.47.3 Multi Trainer

Dimensions (LxWxH), mm: 2020x1490x2150



MB 7.56.3 Incline Chest Press

Dimensions (LxWxH), mm: 1810x1580x2000



FOR MORE DETAILED INFORMATION



Street Barbell Cardio Line

Outdoor cardio equipment Street Cardio with an inertialess loading mechanism are an excellent addition to any outdoor sports grounds thanks to the unique design of the loading system, as well as to excellent biomechanics and legendary reliability of Street Barbell.



MB 7.80 Upright Bike

Dimensions (LxWxH), mm: 2070x1350x1390



MB 7.81 Elliptical Trainer

Dimensions (LxWxH), mm: 2040x1360x1690



MB 7.82 Recumbent Bike

Dimensions (LxWxH), mm: 1840x1350x1100



FOR MORE DETAILED INFORMATION



Street Barbell Boxing Line

The Street Barbell Boxing series is a set of popular boxing shells — bags, punch balls, various pillows for practicing punches.

Boxing bags are specially designed for outdoor use. Reinforced PVC fabric is resistant to the environmental influence, has special elasticity and perfectly retains its properties at temperatures from -30 to +70 degrees.



MB 7.91 Heavy Punching Bag Stand

Dimensions (LxWxH), mm: 1550x2180x2540



MB 7.92 Heavy Punching Bag Stand

Dimensions (LxWxH), mm: 1500x2110x2520



MB 7.93 Multi Station Punching Bag Stand

Dimensions (LxWxH), mm: 4230x3940x2760



FOR MORE DETAILED INFORMATION

Street Barbell Gymnastic Line

Gymnastic Line— bodyweight fitness equipment using as well aerobic load.

They are perfect for workout, stretching, warming up before performing more complex physical exercises, for maintaining muscle tone and cardio training. Due to their biomechanics, they do not load the joints and can be used by people of different age and levels of physical fitness.



MB 7.02 Walker

Dimensions (LxWxH), mm: 1330x550x1320



MB 7.03 Combined Pull Down and Leg Raise Station

Dimensions (LxWxH), mm: 1540x1220x1890



MB 7.04 Rider

Dimensions (LxWxH), mm: 1230x750x1280



MB 7.05 Combined Exerciser

Dimensions (LxWxH), mm: 1010x1150x2410



MB 7.06 Leg Press

Dimensions (LxWxH), mm: 1800x440x1700



MB 7.07 Pendulum

Dimensions (LxWxH), mm: 1030x750x1420



MB 7.08 Stepper

Dimensions (LxWxH), mm: 1050x750x1570



MB 7.09 Twister

Dimensions (LxWxH), mm: 1370x420x1295



MB 7.10 Rower

Dimensions (LxWxH), mm: 1310x880x850



MB 7.11 Ski Walker

Dimensions (LxWxH), mm: 750x530x1470



MB 7.13 Sit Up Bench Hyperextension

Dimensions (LxWxH), mm: 1150x1300x1000



MB 7.14 Inverse Hyperextension

Dimensions (LxWxH), mm: 610x860x1000



MB 7.15 Parallel Bars

Dimensions (LxWxH), mm: 1330x950x1330



MB 7.22 Legs Spreading

Dimensions (LxWxH), mm: 1050x560x1420



MB 7.23 Chest Press

Dimensions (LxWxH), mm: 1770x1050x2140



MB 7.24 Abdominal on the Swing

Dimensions (LxWxH), mm: 950x1470x1630



MB 7.26 Lat Pull Down

Dimensions (LxWxH), mm: 1600x1150x1890



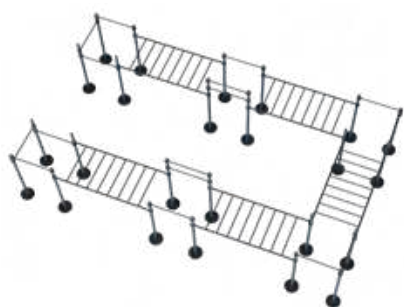
FOR MORE DETAILED INFORMATION



Street Barbell Workout Line

The Street Workout Line includes a set of crossbars, bars, handlebars, wall bars and other elements for pull-ups and push-ups.

The complex was developed together with the worldwide workout founders and includes everything necessary for training fans of this type of street sports.



MB 7.60/1 Horizontal Ladder (Type A)

Dimensions (LxWxH), mm: 10220x5970x2520



MB 7.60/2 Horizontal Ladder (Type B)

Dimensions (LxWxH), mm: 10220x4650x2520



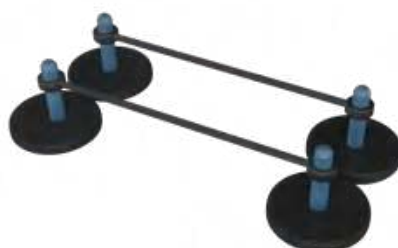
MB 7.60/3 Horizontal Ladder (Type C)

Dimensions (LxWxH), mm: 10220x1720x2520



MB 7.60/4 Wall Bars

Dimensions (LxWxH), mm: 5700x1720x2520



MB 7.60/5 Low Level Parallel Bars

Dimensions (LxWxH), mm: 2520x1140x470



MB 7.60/6 Parallel Bars

Dimensions (LxWxH), mm: 2420x1040x1620



MB 7.60/7 Australian Pull Up Bars

Dimensions (LxWxH), mm: 1725*400*1620



MB 7.60/8 Pull Up Bars Set

Dimensions (LxWxH), mm: 3050x3050x2520



MB 7.60/9 Uneven Pull Up and Parallel Bars

Dimensions (LxWxH), mm: 2420x2220x2520



MB 7.60/10 Combined Wall, Pull and Parallel Bars

Dimensions (LxWxH), mm: 3740x2220x2520



MB 7.60/11 Horizontal Ladder (Type D)

Dimensions (LxWxH), mm: 4650x1720x2520



MB 7.60/12 Combined Horizontal Ladder, Wall and Uneven Pull Up

Dimensions (LxWxH), mm: 6580x1720x2520



MB 7.60/13 Horizontal Ladder (Type E)

Dimensions (LxWxH), mm: 3320x1720x2520



MB 7.60/14 Horizontal Ladder (Type F)

Dimensions (LxWxH), mm: 6250x1720x2520



MB 7.60/15 Combined Pull Up and Wall Bars

Dimensions (LxWxH), mm: 1720x1720x2520



MB 7.60/16 Horizontal Ladder (Type G)

Dimensions (LxWxH), mm: 4650x1720x2520



MB 7.60/17 Horizontal Ladder (Type H)

Dimensions (LxWxH), mm: 6670x2185x2520



MB 7.60/18 Three Level Pull Up Bars

Dimensions (LxWxH), mm: 3050x1720x2520



MB 7.60/19 Wall Bars

Dimensions (LxWxH), mm: 3050x1720x2520



FOR MORE DETAILED INFORMATION



Street Barbell Kids Line

The Kids Line is a bodyweight and aerobic fitness equipment for children.

Equipment have reduced dimensions, and their biomechanics take into account the anatomical features of small athletes. Trainers are safe for children, and they are perfect for workouts, stretching, warming up, maintaining muscle tone and cardio training.



MB 7.02.1 Walker for Kids

Dimensions (LxWxH), mm: 1000x420x910



MB 7.06.1 Leg Press for Kids

Dimensions (LxWxH), mm: 1100x480x1150



MB 7.07.1 Pendulum for Kids

Dimensions (LxWxH), mm: 980x510x1030



MB 7.08.1 Stepper for Kids

Dimensions (LxWxH), mm: 770x560x1150



MB 7.09.1 Twister for Kids

Dimensions (LxWxH), mm: 1020x320x850



MB 7.11.1 Ski Walker for Kids

Dimensions (LxWxH), mm: 700x530x1030

Street Barbell Kids Line



MB 7.22.1 Legs Spreading for Kids

FOR MORE DETAILED INFORMATION

Dimensions (LxWxH), mm: 1000x560x1000





A photograph of an outdoor fitness area. In the foreground, there are blue and red rubber safety mats. Several blue metal exercise machines with black weights are arranged in a row. Above them is a large, colorful canopy with sections of red, orange, and green. In the background, there are palm trees and a clear sky.

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